

Need a specialist? First Stop Health can help!



Need a new cardiologist, gastroenterologist, or other specialist? First Stop Health can help! Here's how referrals work:



Talk to your First Stop Health provider. During your visit, they may suggest a referral based on your symptoms and/or health history. You can also request a referral from your provider.



Someone from your care team may reach out to ask for your preferences and insurance information. This will help us find quality, affordable options in your insurance network. You're also welcome to tell us about any provider preferences you already have.



Your care team will send your referral. After you receive your referral, you are free to schedule your own appointment. Be sure to confirm service prices according to your health insurance.



Follow up with us! Let us know how it went in your secure Message Center or simply have another First Stop Health visit.



Visit www.fshealth.com or the app to request a visit with a virtual provider today!